



Sandhurst Primary School

Dear parents, carers, and staff

It is now just over a week until our team of parents and staff run the Hither Half - running either a half marathon, or running it as a relay in a team on Sunday 16th May from 9am. I know our runners have been training hard for this, with some of them running this distance for the first time, so we are looking forward to some big support from you for the event.

Here are the areas in which you can get involved:

Do you want to run with our team? It's not too late to sign up - but we need all runners signed up by the end of **Saturday 8th May** so we can finalise our plans for start times. We have had several people express an interest in the relay, but without a running partner- so if you would be up for running one leg of the relay (just over 10km)- please drop an email to dads@sandalls.net and I can try and find you a team mate!

To register to run please fill in the details on this link: <https://forms.gle/a68E4mJKkrfkEt677>

Would you be able to help us as a volunteer? We would love a few volunteers to act as marshals at several key points around the route- to help ensure our runners don't take the wrong turn, and to cheer them on as they go past. If you could spare a couple of hours on Sunday morning from 9am please send an email to dads@sandalls.net - Torridon have already got a few volunteers lined up and it would be great to do our bit!

Sponsor our runners at the following link to help encourage them on their way! <https://gf.me/u/zri6tx>

All funds raised will go towards the Sandhurst summer of Play to help fund playground improvements, so please give generously!

Supporting on the day: We would also love to have people out supporting our runners on the day (but please remember to follow the current covid rules). One great way to do this would be to go for a walk next Sunday morning through Ladywell fields - if you walk any stretch of the route following the river Ravensbourne through Ladywell fields to Catford (starting at Ladywell station), and/or following the waterlink way footpath along the river Ravensbourne and Pool from Halford/Wickes car park in Catford to the end of the footpath near Sainsburys in Sydenham, between 9-11am on Sunday, you should pass a stream of our runners (who will be running the route in the opposite direction) to cheer on! If you would like full details of the route please email dads@sandalls.net

You should also be able to cheer our runners on as they run past school on Minard Road, along Wellmeadow Road (between Sandhurst/Dowanhill), Hafton Road, Hazelbank Road, and through Forster park between 9-11ish.

Or why not do something active to show your support? We would love others to get involved with sponsored activities to support the summer of play - perhaps a sponsored walk, or skip, or bounce, or bike ride/scoot, or catch? We would love to be able to get lots of the children (and parents) at school

involved in something to support the fundraising - any sponsorship can be donated via the main summer of play fundraiser: <https://gofund.me/9d175619> - this doesn't have to be next Sunday - any time to suit you over the next few weekends, after school, or half term!

If you have any questions, please just send an email through to dads@sandalls.net
Good luck with the final week of training to all our runners!

Rob