

CLARION FUTURES & AND FITNESS FOR ALL
PRESENTS:

YOUTH FITNESS SESSIONS

FREE WEEKLY FITNESS SESSIONS STARTING
WEDNESDAY 19TH JANUARY

MEETING OUTSIDE NEWSTEAD COMMUNITY HUB,
33 WILDWOOD CLOSE, LEE, SE12 0ST

FOR AGES: 8-14

WEDNESDAYS
4.30 - 5.30PM

EMAIL: INFO@ANDFITNESSFORALL.COM OR TEL: 07514 188 318
FOR INFORMATION & TO BOOK YOUR SPACE
SPACES ARE LIMITED - BOOK NOW & GET A FREE GOODY BAG!



And Fitness
For All.