

Physical Education Schemes at Sandhurst

Real PE

Staff throughout the school use Real PE as one of their two physical education lessons per week. Real PE supports primary schools in transforming PE experiences for **EVERY** child, teacher and family.

Real PE helps support **EVERY** child to develop the physical literacy, knowledge, emotional and thinking skills to achieve in PE, Sport and life. Its unique, child-centred approach transforms how we teach PE to include, challenge and support EVERY child.

It is fully aligned to the National Curriculum & Ofsted and focuses on the development of agility, balance and coordination, healthy competition and cooperative learning through a unique approach to teaching and learning in PE.

The PE Hub

Staff in KS2 use The PE Hub which is a complete PE resource packed with lesson plans, videos, music, printable resources, and assessment tools that staff use to meet Ofsted requirements and make PE more fun and rewarding for pupils.

The PE Hub supports us to deliver high-quality lessons by harnessing pupils' natural enthusiasm for PE. We provide challenge and have high expectations with clear success criteria that help keep pupils on track.

The PE Hub has a huge range of progressive content for our teachers to use to design their curriculum. In addition to games activities, each year group in KS2 has access to outdoor and adventurous activities ensuring children's learning is broad and balanced.

