

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Who is special to us?	Who helps to keep us safe?	How can we look after each other and the world?	What helps us stay healthy?	What is the same and different about us?	What can we do with money?
Year 2	What makes a good friend?	What is bullying?	How do we recognise our feelings?	What helps us to stay safe?	What helps us grow and stay healthy?	What jobs do people do?
Year 3	What makes a community?	How can we be a good friend?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?	What keeps us safe?	What are families like?
Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How will we grow and change?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can we help in an accident or emergency?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	

PSHE association based curriculum for Sandhurst Primary School 2023