

## Sex Education Curriculum – written after consultation - October 2023

YEAR GROUP	TERM	TOPIC/THEME DETAILS
Year 1	Summer 1	<p><b>What is the same and different about us? PSHE, Relationships</b>            To use the correct names for body parts (including penis, testicles, vagina and vulva).            To describe the differences between male and female bodies.</p> <p><b>NSPCC Pants Rule</b>  <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a>            To know that parts of the bodies covered with underwear are private.</p>
Year 2	Summer 1 and as appropriate throughout the year	<p><b>Healthy Me Topic – Science, Animals, including Humans</b>            To notice that animals including humans have offspring, which grow into adults. (Statutory)            To introduce the process of reproduction and growth in animals. (The emphasis is on recognising growth) (Non-statutory)</p> <p><b>NSPCC Pants Rule</b>  <a href="https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/">https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/</a>            To know that parts of the bodies covered with underwear are private.</p>
Year 3	Spring	<p><b>PSHE, Relationships</b>            To revise the main differences between male and female body parts, including the correct terminology. (Taught as part of the Science topic, Animals, including humans)</p>
Year 4	Spring 2	<p><b>How will we grow and change? PSHE, Health and Wellbeing</b>            To identify basic facts about puberty, including menstruation and wet dreams.            To understand the impact of puberty on the body and our emotions.            To identify how our bodies change as we grow up.            To name internal and external body parts using the correct terminology.</p>
Year 5	Summer 1 & 2	<p><b>Science, Living things and their habitats</b>            To describe the differences in life cycles of a mammal, an amphibian, an insect and a bird. (Statutory)            To describe the life process of reproduction in some plants and animals. (Statutory)</p>

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		<p>To find out about sexual reproduction in animals. (Non-statutory)</p> <p><b>Science, Animals including Humans</b></p> <p>To describe the changes as humans, develop to old age. (Statutory)</p> <p>To know the stages in the growth and development in humans, including the changes experienced in puberty. (Non-statutory)</p> <p><b>How do friendships change as we grow? PSHE, Relationships</b></p> <p>To understand how puberty relates to growing from childhood to adulthood.</p> <p>To explore the physical and emotional changes during puberty.</p> <p>To understand the role that hormones play in puberty.</p> <p>To understand that menstruation and wet dreams are a normal part of growing up and how to manage these.</p> <p>To know about the reproductive organs and processes – how babies are conceived and born and how they need to be cared for.</p> <p>To know that there are ways to prevent a baby being made.</p>
Year 6	Summer 1 & 2	<p><b>What will change as we become more independent? PSHE, Relationships</b></p> <p>To revisit Year 4 and 5 learning about how puberty relates to growing from childhood to adulthood.</p> <p>To revisit Year 4 and 5 learning about emotional changes during puberty and how to manage these.</p> <p>To revisit Year 5 learning about the reproductive organs and processes.</p> <p>To know that there are ways to prevent a baby being made.</p>